

Season 2026/27



PALENCIA
FOOTBALL ACADEMY





WHAT IS PALENCIA FOOTBALL ACADEMY

An **exclusive high-performance program** that has been developed during our **25 years** of existence provides the opportunity to live and train like a true elite athlete (with the **spanish approach** to football), adopting the renowned methodology of Palencia Football Academy.

We have all the tools to ensure that each player takes their career to the highest possible level.



WHO IS IT AIMED AT?

Aimed at **footballers aged 15 to 21 from any corner of the world** who aspire to live a comprehensive high-performance experience.



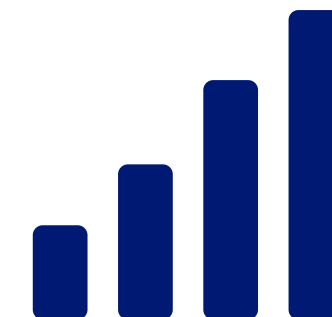
Age

15 - 21



Location

Anywhere



Level

Medium - High

- ✓ Located in **Palencia**
- ✓ One of the **safest cities** to live in Spain due to low crime rate, small population (aprox. 78.000 people), low trafic congestion, effective public transportation, and quality of life.
- ✓ Nearby **airports**:

	 Madrid	 Valladolid	 Santander
	1H 30MIN	25 MIN	2H 30MIN
	2H 30MIN	40 MIN	1H 50MIN



Since **2000** **+750** Players Developed **+45** Nationalities



WHERE DREAMS MEET DEDICATION

HIGH PERFORMANCE FOOTBALL PROGRAM

HIGH PERFORMANCE FOOTBALL PROGRAM



UEFA Licensed Coaches

Expert guidance personalized to the player. At PFA, you're joining an academy dedicated to excellence, growth, and success in the beautiful game.



Atlético de Madrid DNA

The PFA coaches have extensive experience developing young talents at the Atlético de Madrid High Performance Summer Camps in Palencia, helping to nurture the potential of future football stars.



VEO Analytics

With the use of AI technology, we track our players performance through video analysis with cutting edge technology to unleash their full potential.

METHODOLOGY

Developed by PFA over the course of 25+ years and led by our head coach and assistants, who honed their expertise in professional clubs for almost a decade, forming young elite talents such as Pape Diop (R.C. Celta de Vigo), Kim Young-Gyu (U.D. Almería) and Michal Figel' (Rayo Vallecano).

It consists on the elite development of **four key aspects**:

1

Technical

2

Tactical

3

Physical

4

Psychological



Elite Training

Personalized coaching and cutting-edge technology

Video Analysis

Analyze performance, refine tactics, and improve with expert feedback

Pro-Club Clinics & Games

Exclusive access to top-level La Liga clubs such as Atlético de Madrid, Racing de Santander or Real Oviedo

Monthly Football Reports

Track progress, receive feedback, and set targets for improvement

National Tournaments

Showcase talent on a national stage and catch the eye of scouts

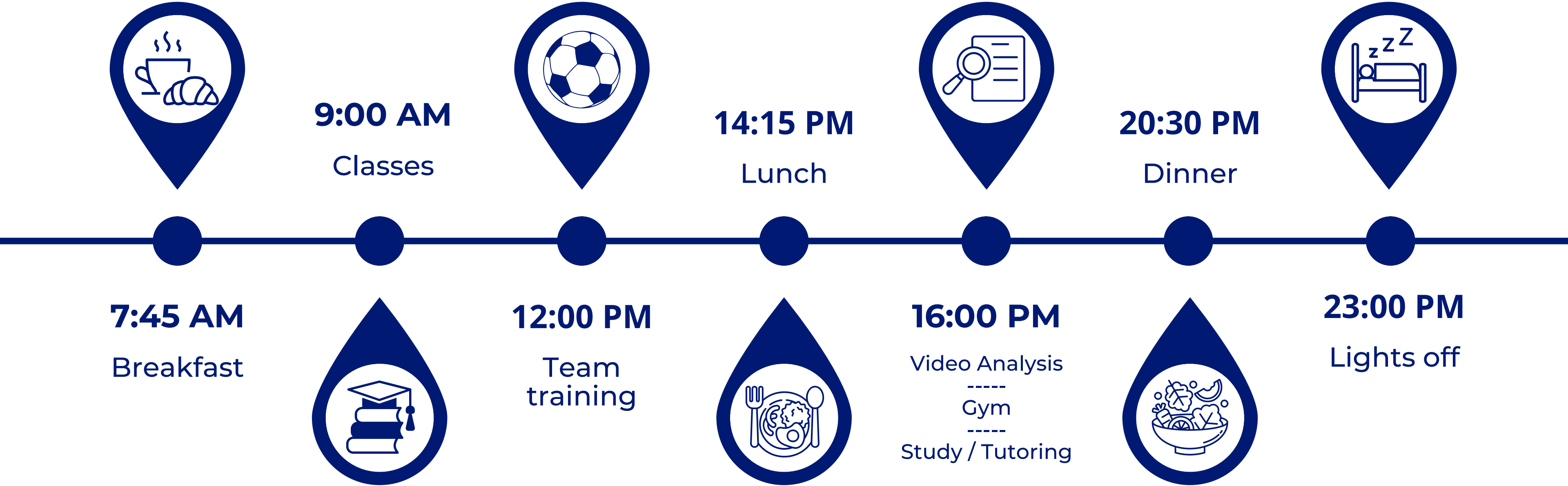
High Level Competition

Compete against top-tier opponents, developing resilience and skills





WEEKLY SCHEDULE



*Weekend schedule and activities are organized according to games/tournaments.

SPORTS FACILITIES



Football Fields
Complejo Deportivo
“Campos Góticos”

- ✓ 2 Artificial Grass Field F11 (FIFA Official Measures)
- ✓ Certified LED lighting technology for sport practice
- ✓ 6 Changing rooms completely equipped



Gymnasium
Centro Supera
“La Lanera”

- ✓ Sports gym for players
- ✓ Equipped with fitness machines, dumbbells, kettlebells, plates, bars, and anything needed for sports performance
- ✓ Physical trainer support for personalized routines if needed



***Swimming pool
and recovery areas***
*Centro Supera
“La Lanera”*

- ✓ Competition Pool
(25 M x 12.5 M)
- ✓ Recovery pool
(12.5 M x 6 M)
- ✓ Sauna & steam-room
- ✓ Cold bath and jacuzzi



Physiotherapist
*“Palencia
International
Residence”*

- ✓ Area dedicated for injury recovery
- ✓ Physiotherapist in-house for personalized treatment

WHERE DREAMS MEET DEDICATION

PALENCIA INTERNATIONAL RESIDENCE



Bedrooms

- ✓ Single and double bedrooms with private or shared bathroom, heating, and high-speed Wi-Fi.
- ✓ Weekly cleaning service
- ✓ 24 hour surveillance, cameras and video security system
- ✓ Free laundry and drying area



Nutrition

- ✓ Available for everyday meals (breakfast, snacks, lunch, and dinner)
- ✓ Menu designed by sports nutritionist
- ✓ Food prepared by private chefs with high-quality ingredients (no catering)



Recovery rooms and play rooms

- ✓ Small gym equipped with everything necessary for injury prevention and core workout
- ✓ Pingpong and football table
- ✓ TV screen with wide range of channels for football games and comfortable sitting

ACADEMICS

You can choose between **different options** while elevating your football level:

- ✓ **Official Spanish Lessons** offered at Palencia Junior College
- ✓ **Degree of Sports Education** at Palencia Junior College (Level I, Level II and, Level III)
- ✓ Online **High School** or **University**
We adjust the training schedule to ensure it fits seamlessly with your studies.

3 ***PROGRAMS AVAILABLE***

PFA Experience (1 month)

Football Program

- ✓ Cinq jours d'entraînement de l'équipe par semaine
- ✓ Sessions d'entraînement axées sur la position
- ✓ Matchs de la saison complète
- ✓ Sessions de suivi individuel
- ✓ Rapports sur les progrès des joueurs
- ✓ Sessions hebdomadaires d'analyse vidéo
- ✓ Test médical à l'arrivée
- ✓ Physiothérapeute
- ✓ Conseils en matière de nutrition sportive
- ✓ Kit d'entraînement Adidas PFA complet
- ✓ Kit d'équipement vestimentaire Adidas PFA complet

Academics

- ✓ Tuition and enrollment to Spanish lessons at Palencia Junior College

PRICE

2.800 €

- Additional (depending on dates):
- ⊕ Participation in tournaments
 - ⊕ National Training Clinic with a pro-club in Spain

Residence

- ✓ Accommodation in individual/double room at *Palencia International Residence*
- ✓ Full board (all meals and snacks pre/post game)
- ✓ Room cleaning service twice per week
- ✓ Cultural Activities, Talks, Conferences, etc.
- ✓ All transportation to games, tournaments, and related activities
- ✓ 24/7 supervision
- ✓ Full medical insurance
- ✓ Airport transfer to and from Madrid on program specific dates



Half-Season (5 months)

Football Program

- ✓ Five team training days per week
- ✓ Position focused training sessions
- ✓ Regular weekly games
- ✓ One on one follow-up sessions
- ✓ Player progress reports
- ✓ Weekly video analysis sessions
- ✓ Medical test upon arrival
- ✓ Physiotherapist
- ✓ Sports nutrition guidance
- ✓ Participation in reputable tournaments (depending on dates)
- ✓ National Training Clinic with a pro-club in Spain (depending on dates)
- ✓ Full PFA Adidas training kit
- ✓ Full PFA Adidas clothing equipment kit

Academics

- ✓ Tuition and enrollment to Spanish lessons at Palencia Junior College

PRICE

12.500 €

Residence

- ✓ Accommodation in individual/double room at *Palencia International Residence*
- ✓ All meals and snacks
- ✓ Room cleaning service twice per week
- ✓ Laundry Room
- ✓ Cultural Activities
- ✓ All transportation to PFA games, tournaments, and related activities
- ✓ 24/7 supervision
- ✓ Full medical insurance
- ✓ Visa application assistance
- ✓ Airport transfer on program specific dates



Full-Season (10 months)

Football Program

- ✓ Five team training days per week
- ✓ Position focused training sessions
- ✓ Full season games
- ✓ One on one follow-up sessions
- ✓ Player progress reports
- ✓ Weekly video analysis sessions
- ✓ Medical test upon arrival
- ✓ Pre-season training program
- ✓ Physiotherapist
- ✓ Sports nutrition guidance
- ✓ Participation in reputable tournaments
- ✓ National Training Clinic with a pro-club in Spain
- ✓ Full PFA Adidas training kit
- ✓ Full PFA Adidas clothing equipment kit

Academics

- ✓ Tuition and enrollment to Spanish lessons at Palencia Junior College -or- Degree of Sports Education at Palencia Junior College (Level I, Level II or Level III)

PRICE

23.000 €

Residence

- ✓ Accommodation in individual/double room at *Palencia International Residence*
- ✓ All meals and snacks
- ✓ Room cleaning service twice per week
- ✓ Laundry Room
- ✓ Cultural Activities
- ✓ All transportation to PFA games, tournaments, and related activities
- ✓ 24/7 supervision
- ✓ Full medical insurance
- ✓ Visa application assistance
- ✓ Airport transfer on program specific dates





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